



HARVEST KITCHEN

HARVEST BOWLS

baja bowl [v] [gf]

zucchini + pepper + onion sauté, spiced black beans, apple + carrot + cabbage slaw, spicy harvest ranch, avocado

thai curry [v] [gf]

romanesco cauliflower, broccoli, snap peas, lime coconut curry, cilantro, toasted cashews, scallion, brown rice

paleo bowl [gf] [p]

grass-fed beef burger or grilled chicken, sweet potato hash, lemon kale, grilled seasonal veggies, fire-roasted tomato salsa, avocado

+ PROTEINS

grilled chicken salt+pepper

beef burger grass.fed

catch of the day when.avail

local egg fried over.easy

bacon applewood.smoked

BETWEEN BREAD

turnip the beet burger [v] [gf]

David's original beet burger, house pickled vegetables, vegan herb dressing, rustic local lettuce, toasted locally made gluten-free sourdough bread

the H.K.B.

the Harvest Kitchen Burger = grass.fed beef smoked cheddar, grilled onion, tomato marmalade, roasted broccoli leaves, toasted brioche bun

roasted broccoli

grilled cheese sandwich

baby broccoli, aged cheddar, feta, garlic spread, Sadie Rose multigrain bread

SALADS & FRIES

harvest beet [v] [gf]

poached beets, red onion, fennel, local greens, citrus dressing, goat cheese

simply greens [v] [gf]

local greens tossed in citrus dressing

sweet potato fries [v] [gf]

sea salt + black pepper + herb sauce

[v] vegan (no animal or dairy ingredients) [gf] gluten-free (no wheat or glutinous ingredients)

Nearly all produce sourced from local, organic farms. Visit harvestkitchen.com to view our sources.



HARVEST KITCHEN

BREAKFAST

breakfast burrito {or tacos}

farmer's market eggs, aged cheddar, sweet potato hash, local greens, house fire.roasted salsa, chipotle tortilla OR gluten-free corn tortillas

burrito bowl [gf] [p]

farmer's market eggs, grilled seasonal veggies, aged cheddar, local greens, house fire.roasted salsa, sweet potato hash

kale & eggs [gf] [p]

sautéed kale + shallot + garlic + plum vinegar, organic tamari brown rice, two fried farmer's market eggs (over.easy), organic sriracha

bacon applewood.smoked

sausage chicken.apple

chorizo house.made

greek yogurt + granola + fruit salad

drink. organic coffee + fresh juices

small batch, locally roasted by revolution roasters. organic cream, raw sugar

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